



P.O. Box 1565  
Sioux City, IA 51102  
Crisis Line 258-7233  
1-800-982-7233  
LeMars (712)546-6764  
www.safefromabuse.com

Remembering the Council on Sexual Assault and Domestic Violence in your estate plans is a simple way to continue your support of CSADV's mission after your lifetime. Your commitment is a reflection of your values, and ultimately, your legacy. To find out more about how you can help victims of violence for years to come contact CSADV at 712-277-0131.

# A BIG Thank You!

On August 5, CSADV provided a night out to nearly 100 women at the Sioux City Convention Center. Attendees were greeted by some of our male board members and led into the tropical beach themed room. The room was packed, but a fun time was had by all. Massage therapists and manicurists were on hand to relax and pamper the attendees and the margaritas were flowing. Local pianist Terry Brooks entertained the crowd with melodies which kept the evening alive.

CSADV was thrilled by the outpouring of support from the community. Through the purchase of tickets and silent auction items that night as well as from the local salons, beauty schools, massage schools and independent professionals who donated their time and talent to provide such great service to attendees.

There were great silent auction items donated from the community which made it possible for dollars raised to go directly to helping victims of violence in Siouxland. Funds raised from Margaritas, Manicures and Massages directly help CSADV continue to provide much needed programs and services in Siouxland. Plan ahead now to attend the 5th Annual Margaritas, Manicures & Massages August 11th, 2011!

Thanks again to all who attended or helped in any way.

## SAVE THE DATE!

5th Annual Margaritas, Manicures & Massages  
Thursday August 11th, 2011  
Sioux City Convention Center

### 2010-2011 CSADV Board of Directors

Ellen Dickey—President  
Harrison Fisher—Immediate Past President  
Dale Tigges—Vice President  
Laurie Mills—Secretary  
Bill Foulk— Treasurer  
Margie Bennett  
Karen Droke  
Sherry Flansburg  
Joseph Frisbie  
Jeff Gebauer  
Joe Geisler  
Jane Hedlund  
Angelo James  
Ted Massey  
Skip Perley  
Virginia Peterson  
Heidi Reinking  
Debra Sanders  
Deb Smith  
Jim Spencer  
Julie Stoik  
Mary Weaver

Margaret Sanders, Executive Director



## CSADV Welcomes New Board President

Dear Supporters & Friends of CSADV:

I would like to express my thanks for the opportunity to serve as the president of the Board of Directors for the upcoming year. It is truly an honor to serve this agency. I want to assure you that this board is very knowledgeable about the challenges facing this agency and it is my pledge that our board will do all that we can to ensure that the agency staff and volunteers have the resources necessary to meet the needs of the victims of sexual assault and domestic violence that we strive to serve.

I will be assisted during the upcoming year by a number of talented and committed volunteers. Elected officers include: Dale Tigges, vice president; Laurie Mills, secretary; Bill Foulk, treasurer; and Harrison Fisher, immediate past president. Board members that are continuing their service to CSADV for 2010/11 year are; Margie Bennett, Joe Frisbie, Angelo James, Skip Perley, Karen Droke, Sherry Flansburg, Ted massey, Ginny Peterson, Heidi Reinking, Debra Sanders , Deb Smith and Mary Weaver.

I would also like to thank our new board members for agreeing to serve the agency for a three year term. They are: Joe Geisler, Julie Stoik and Jim Spencer. In addition, Jeff Gebauer and Jane Hedlund have agreed to return to our board, having provided distinguished service to CSADV as board members in prior years.

Finally, I would like to express our appreciation and gratitude to outgoing board members Dale McKinney and Les Juon for their leadership and many years of service to the agency

Sincerely,

Ellen Dickey  
Board President

### Can you Help?

CSADV shelter has had an unusually high census for the last six months. Imagine the supplies needed for 40 plus women and children in shelter. Any financial or in kind help you could provide is appreciated. See the list above for our most urgent needs. We greatly appreciate your continued support.



### Dates to Remember



**October is Domestic Violence Awareness Month. We invite you to attend our Vigil Oct. 14th at Wilber Aalfs Library 6pm**

**November 27th Marks the first day we deliver Poinsettias. Be sure to order your poinsettia soon. Sizes and colors are limited!**

### Shelter Needs

- Oil
- Salt
- Sugar
- Ibuprofen
- Children & Adult Benadryl
- Bleach
- Shower Curtains
- Mattress Pads for twin size beds
- All Purpose Cleaner
- Deodorant
- Coffee
- Canned goods
- Paper Products
- Hy-Vee, Walmart, Fareway gift cards

# 25th Annual Poinsettia Fundraiser

We've been preparing for poinsettia season all year. Get your order in today to make sure the size and color you want is available. If you have already ordered your plants, but realize you want more, give us a call.

We are again offering 6 inch, 8 inch and 10 inch plants for \$20, \$30 and \$40 respectively. Plants are available in red, white, pink and burgundy.

Delivery and pick up dates are on Saturdays and Wednesdays from November 27 through December 18. Pick up locations include Mercy Medical Center in Sioux City and Christy Smith Family Resource Center Morningside location in Sioux City. Some delivery limitations apply so contact

CSADV for details.



Our poinsettias are locally grown just for

We also need volunteers during poinsettia season. If you would like to help deliver, work a pick-up site, prepare orders or help with routing the deliveries call CSADV at 712-277-0131.

To place your poinsettia order you can go on-line at [www.safefromabuse.com](http://www.safefromabuse.com) and click the poinsettia icon to get to the order forms where you can order with a credit card or print the form and send it in.

You can also call CSADV at 712-277-0131 to order over the phone or have an order form sent to you.

Poinsettias make great gifts and decorations

that can last much past the holiday season. These gifts also help CSADV continue to provide much needed services to victims of violence in Siouxland.

Thanks to those of you who have ordered in the past and already placed an order this year. Your continued support is much appreciated.

If you would like to order a poinsettia, fill out the order form/s below and mail to:

CSADV  
P.O. Box 1565  
Sioux City, IA 51102

If you are interested in volunteering for our poinsettia fundraiser, call 277-0131 and ask for our Volunteer Coordinator. Your help is always appreciated!

# October is Domestic Violence Awareness Month

October is Domestic Violence Awareness Month. Below is a calendar which includes both national and local statistics concerning domestic violence as well as ways you can get involved to raise awareness. We hope to see you at our vigil Thursday October 14th, 6pm at the Wilber Aalf's Library.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Domestic Violence is a pattern of assaultive and coercive behaviors intended to control a partner.	2 Due to high census, on 8-10-10 (42 in shelter) 3 families were sleeping in the CSADV living room.
3 1 in 4 women will experience domestic violence in her lifetime.	4 Females age 20-24 are at the greatest risk of non-fatal intimate partner violence.	5 209 Iowans have been killed in domestic violence murders since 1995.	6 Nearly 1/3 of all female homicide victims are killed by an intimate partner.	7 Acknowledge domestic violence effects everyone.	8 In 6 months CSADV staff have given presentations to 8,758 people.	9 Most cases of domestic assault are never reported to the police.
10 1692 domestic violence victims were served by CSADV last fiscal year.	11 74% of victims are harassed by their partners while working.	12 Homicide was the leading cause of death on the job for women in 2000.	13 1 in 3 teen girls are victimized by a dating partner.	14 Attend DV Awareness Month Vigil 6:00 p.m. Wilbur Aalf's Library, 529 Pierce St, Sioux City	15 homicide accounts for 31% of maternal injury deaths.	16 3 to 10 million children witness abuse each year.
17 Teens in abusive relationships are 3 times more likely to get pregnant than non-abused teens.	18 168 sexual assault victims sought services at CSADV last fiscal year.	19 1.3 million women are victims of intimate partner assault each year.	20 Teens with a history of dv are 6 to 9 times more likely to be suicidal.	21 Provide a night of shelter. It costs about \$12.50 to keep one woman or child safe for one night.	22 Domestic violence is a leading cause of homelessness for women and children.	23 Last fiscal year CSADV answered 3275 crisis calls.
24 A woman's chances of being killed increases by 75% when she leaves the relationship.	25 68% of HIV positive women have experienced physical abuse.	26 Domestic violence happens in all cultures and all income brackets.	27 50% of domestic abusers also physically abuse their children.	28 Plan to attend "Can We Talk About This?" November 4 at Mercy Medical Center.	29 328 women and 333 children sought shelter at CSADV last fiscal year.	30 Batterers use their partners' immigration status as a means to control them.
31 1 in 4 women will experience domestic violence in her lifetime.	Take a stand. Raise your voice. Ending violence is your choice.	Take abuse seriously; don't minimize or condone violence.	Teach children that violence is never okay.	Know what services are available and give information and referrals.	Model respect and equality in all relationships.	Support a victim's feelings and decisions.

## 2010 POINSETTIA ORDER FORM

**Ordered By:**  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/St: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

**Deliver To:**  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/St: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

	BURGUNDY	RED	WHITE	PINK	TOTAL
6" @ \$20.00					
8" @ \$30.00					
10" @ \$40.00					
GRAND TOTALS \$					

**Please see notes below	Delivery	Pick Up 10 AM - 1 PM		Pick Up Addresses
	9 AM-1 PM	Mercy Medical	Christy Smith	
11/27 (Sat.)				Mercy Medical So. Lobby off 5th St. Wednesdays and Saturdays 10-1
12/1 (Wed.)				
12/4 (Sat.)				
12/8 (Wed.)				Christy Smith Family Resource Center 1819 Morningside Ave. Wednesdays only 10-1
12/11 (Sat.)				
12/15 (Wed.)				
12/18 (Sat.)				

**\*\*All other out of town deliveries will be done on Wednesdays to a limited area**  
**\*\*Business deliveries will be made on Wednesdays only**

**Credit Card Information:** Visa \_\_\_\_\_ American Express \_\_\_\_\_ Mastercard \_\_\_\_\_  
Account# \_\_\_\_\_ Exp. Date \_\_\_\_\_  
Signature \_\_\_\_\_

Please mail order form w/payment to CSADV, PO Box 1565, Sioux City, IA 51102  
PH: 712-277-0131 FAX: 712-258-8790

## 2010 POINSETTIA ORDER FORM

**Ordered By:**  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/St: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

**Deliver To:**  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/St: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

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