



Council on Sexual Assault and Domestic Violence Inc.

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Remembering the Council on Sexual Assault and Domestic Violence in your estate plans is a simple way to continue your support of CSADV's mission after your lifetime. Your commitment is a reflection of your values, and ultimately, your legacy. To find out more about how you can help victims of violence for years to come contact CSADV at 712-277-0131.



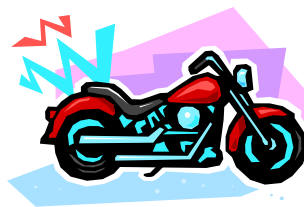
This newsletter printed by Security National Bank

Terra Charity Golf Classic

June 9, Dakota Dunes County Club/Sioux City Country Club



\$300 per golfer. Call 277-0131 now to golf or sponsor.



Awesome Biker Nights

June 20-21

CSADV is selling raffle tickets to win your choice of motorcycle. \$25 per ticket. Call CSADV or contact a Board member to get your tickets today!!

Services:

24-hour crisis line, individual counseling, support groups, safe shelter, community education, medical and legal advocacy, court accompaniment, rural and multicultural outreach and transitional living services. All services are free of charge and remain completely confidential.

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CSADV

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Sexual Assault Awareness Month



April is National Sexual Assault Awareness Month (SAAM). Observed each April, SAAM is dedicated to raising awareness about and promoting the prevention of sexual violence through purposefully organized events and community outreach.

Although such activities can occur throughout the year, April provides an opportunity for anti-sexual assault organizations to present a unified voice.

The origins of SAAM can be

traced back to the late 1970's and early 1980's with the coordination of Take Back The Night rallies across the United States. In 2001, several national partners declared April to be the official month to focus on sexual assault awareness.

In 2005, more than a third of all sexual assaults occurred at or in a victim's home
-Bureau of Justice Statistics

This year's National theme is "Prevent Sexual Violence...in our workplaces". Sexual assault is a social issue that impacts all members of our communities. When one person is harmed, the assault begins a silent, ripple effect

into the lives of others. This is especially true in the workplace. The business community loses time and money through absenteeism and/or low productivity.

Sexual assault affects the overall health and well being of those who have been victimized. The intensity is dependent upon several factors, such as the kind of assault, the relationship of the victim and offender, and the victim's support system. Life threatening wounds and death are known to occur, but the majority of sexual assault victims experience physical

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Proposed Funding Cuts Jeopardize Life Saving Services

Proposed federal funding cuts have the potential of dealing a devastating blow to vulnerable women and children, who are victims of domestic violence and sexual assault. Hit the hardest is VOCA (Victims of Crime Act), which has been cut 24%. These funds are not tax generated revenue but funded through federal fines and penalties. In addition, VAWA (Violence Against Women Act) funds and FVPA (Family Violence Prevention Act) will each be cut 5%. Many victim service agencies currently do not have the resources to respond to all the requests for emergency shelter,

legal assistance or other advocacy services needed. When these resources are not available, victims are left with no choice but to return to their abusive homes. Advocacy and resources must be available to provide a greater opportunity to break the cycle of violence. Victim service programs are the poorest funded programs in the Criminal Justice System.

For CSADV every dollar counts that comes in to the agency. Every dollar lost makes our agency expend more resources to final dollars elsewhere. Margaret

Sanders states that every dollar not funded through state and federal grants makes CSADV vulnerable to reducing services and increases the need to rely more on the community to make up the difference.

CSADV needs your HELP more than ever. Please think about the hundreds of women and children who come to CSADV for services each year. How much can you give to assure their safety? Please respond to our Nights of Shelter campaign contained in this newsletter.

Save the Date:

- April is Sexual Assault Awareness Month,
- April 13-19, Crime Victims' Rights Week
- April 27-May 3, National Volunteer Week
- June 9—Terra Charity Golf Classic, get your foursome together now.
- June 20-21, Awesome Biker Nights. CSADV is once again selling motorcycle raffle tickets. Call to get yours.
- August 14, Margaritas, Manicures and Massages. Tickets going on sale soon.

Wish List:

- Pillows
- Blankets, twin extra long
- Cold Medication (children & adult)
- Women's white socks
- Size 4, 5 & 6 Diapers
- Baby Bottles
- New Stuffed Animals
- Telephone Calling Cards
- Pantry Items, Canned Goods
- Pepto Bismal, Ibuprofen
- Feminine hygiene products
- Shampoo, Conditioner
- Hair products (African-American)
- Grocery & Gas Gift Cards
- Deodorant
- Quart & Gallon-sized baggies

National Crime Victims' Rights Week

National Crime Victims' Rights Week is April 13-19, 2008. This year's theme, "Justice for Victims, Justice for All" evokes the ideals that support our system of justice and inspire our nation's quest for equity. It declares that justice for all cannot be achieved without justice for victims of crime.

Since 1981, National Crime Victims' Rights Week has been set aside as a time of national remembrance—a time to build public awareness about challenges crime victims face and to celebrate the hard-won progress in victims' rights services. It serves to remind us that crime can strike anyone. Whether it's a drive-by shooting, a sexual assault, a campus massacre, an act of terrorism or a crippling identity theft, we are all vulnerable to crime. In this sense, victims' rights are everyone's rights.

CSADV is recognizing National Crime Victims' Rights Week by increasing community awareness of crimes in Siouxland and how citizens can help identify these crimes.



During the past four decades, tremendous progress has been made in securing and strengthening legal rights, protections and services for victims of crime.

The history of the victims' rights movement is the story of victims, victim advocates and countless other individuals tirelessly working together to bring hope to the millions of individuals, families and communities harmed by crime each year.

It is a story of steady, certain progress that continues today. Standing on the shoulders of those early advocate and pioneers, we continue that proud legacy by rededicating ourselves to making victims' rights, protections and services a reality. We cannot achieve justice for all until we realize justice for victims.

Violent Crime Facts & Figures

- In 2005, 23 million crimes were committed in the United States; of these, 5.4 million were violent.
- In 2005, 899,000 children were victims of child abuse or neglect.
- Twenty-six children were killed by their babysitter in 2005.
- Five percent of child molesters released from prison commit a new sex offense within three years of their release.
- Victims of child abuse constituted 18 percent of the recipients of crime victims compensation.
- In 2005, the total economic loss to victims was \$1.4 billion for violent crimes
- In 2004, students ages 12 to 18 were victims of 107,400 serious violent crimes at school.
- More than one million women and almost 400,000 men are stalked annually in the United States.
- Stalking is one of the significant risk factors for homicide of women in abuse relationships.
- In 2005, 7163 hate crimes were reported to law enforcement

Statistics provided by the National Crime Victims' Rights Week Resource Guide

Key Federal Victims' Rights Legislation

1974	Child Abuse Prevention & Treatment Act
1980	Parental Kidnapping Prevention Act
1982	Victim & Witness Protection Act Missing Children's Act
1984	Victims of Crime Act Justice Assistance Act Missing Children's Assistance Act Family Violence Prevention Act
1985	Children's Justice Act
1988	Drunk Driving Prevention Act
1990	Hate Crime Statistics Act Victims of Child Abuse Act Victims' Rights & Restitution Act National Child Search Assistance Act
1992	Battered Women's Testimony Act
1993	Child Sexual Abuse Registry Act
1994	Violence Crime Control & Law Enforcement Act Violence Against Women Act
1996	Community Notification Act (Megan's Law) Antiterrorism & Effective Death Penalty Act
1997	Victims' Rights Clarification Act
1998	Crime Victims' with Disabilities Act Identity Theft and Deterrence Act
2000	Trafficking Victims Protection Act
2001	Air Transportation Safety and System Stabilization Act
2003	PROTECT Act (Amber Alert) Prison Rape Elimination Act Fair & Accurate Credit Transactions Act
2004	Justice for All Act
2006	Trafficking Victims Protection Reauthorization Act Adam Walsh Child Protection & Safety Act

National Volunteer Week

National Volunteer Week is April 27 through May 3. CSADV is very fortunate to have over 100 volunteers donate their time annually.

Those who can, do. Those who can do more, volunteer.
~Author Unknown

Volunteers have the opportunity to do a variety of different tasks at CSADV. You can complete our 40 hour training to become an advocate who helps answer the crisis line, works in shelter and takes on-call pager shifts. Some volunteers like to help with

administrative tasks like filing and assembling packets of information. We also need volunteers from time to time who can help with educational presentations like Happy Bear, helping with a booth at various health/education fairs and distributing CSADV brochures to hospitals, clinics and other public businesses.

CSADV also utilizes volunteers

Volunteers don't get paid, not because they're worthless, but because they're priceless.
~Sherry Anderson

for fundraising events throughout the year. People help deliver poinsettias, help with Awesome Biker Nights and volunteer at Margaritas, Manicures and Massages.

If you are interested in volunteering at CSADV, contact Elaina at 712-277-0131 or at elaina@csadv.org. The next advocate training is planned in June.

Sexual Assault Awareness Month, Continued from Page 1

pain, bruises, cuts, and scratches. Common concerns

are contracting sexually transmitted diseases and HIV, and for females, pregnancy. It is, however, the psychological and emotional trauma that linger well past the time of the assault. These are difficult to identify, they have the greatest impact, and take longer to heal.

Rape survivors who had the assistance of an advocate reported they experienced less distress after their contact with the legal system.

The research of Ann Wolbert and Lynda Lytle Hostrom indicates that many victims experience a profound fear of being killed during the attack, and have identified the effect of the fear as Rape Trauma Syndrome (RTS). It is not unusual for people who have experienced sexual assault to become quiet and reclusive, extremely angry or cry for no apparent reason. Nor is it unusual for them to change their appearance in dress or hairstyle, take several daily baths or

showers, not eat or over eat, complain of various physical conditions and insomnia, avoid work or lose interest in activities and friends that they used to enjoy. Some may misuse alcohol and/or drugs, become sexually promiscuous or reject their sexual partner. These are coping mechanisms developed to avoid acknowledging the sexual assault, while attempting to stay safe and reorganize their life.

The greatest fears that survivors have, are not being believed, being blamed, and assaulted again. According to Resick and Schnicke (1993) these concerns relate to the loss of feeling safe, having control over their life, trusting themselves and others, self-worth and involvement in intimate relationships. Consequently, depression and Post Traumatic Stress Disorder (PTSD) are common, and many

people never fully recover. Thoughts of suicide are also common, primarily from feeling frightened, alone and hopeless. When concerns about the changes seen in their personality and behaviors are brought to light, sexual assault survivors often respond with denial, hostility or silence, leaving them feeling alienated and frustrated.

To assist a survivor, listen without judgment, believe them, let them know they are not to blame, help them feel safe, and provide choices.

To end sexual violence in the work place, speak out against sexist language and jokes, whistling or sexual physical gestures that degrade others. Learn more about sexual assault and how you can become actively involved to put an end to this violence. Contact the Council on Sexual Assault and Domestic Violence at 258-7233.