



Council on Sexual Assault and Domestic Violence Inc

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FUN

FUN

2nd Annual
Margaritas, Manicures and Massages
August 14th, 5:00 PM—9:00 PM
At Bev's on the River
Your night out to relax
Hurry get your tickets now!
Last year we sold out!
Call 277-0131 or go online at
www.safefromabuse.com

FUN

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Services:

24-hour crisis line, individual counseling, support groups, safe shelter, community education, medical and legal advocacy, court accompaniment, rural and multicultural outreach and transitional living services. All services are free of charge and remain completely confidential.

2008-2009 CSADV Board of Directors

- Deb Smith—President
- Les Juon—Immediate Past -President
- Virginia Peterson—Vice President
- Laurie Mills—Secretary
- Harrison Fisher—Co Treasurer
- Ellen Dickey—Co Treasurer
- Margie Bennett
- Karen Droke
- Sherry Flansburg
- Oscar Gomez
- Mike Graves
- Jane Hedlund
- Ted Massey
- Dale McKinney
- Laurie Mills
- Nancy Muecke
- Maggie Murphy
- Skip Perley
- Heidi Reinking
- Dale Tigges
- Michelle Venable-Ridley
- Mary Weaver

Margaret Sanders, Executive Director



CSADV

July 2008

Council on Sexual Assault and Domestic Violence Inc

Woman To Woman

A Mentor Program For Survivors of Domestic Violence

Mentoring – the presence of a caring WOMAN offering support, advice, friendship, reinforcement and constructive examples – has proved to be a powerful tool for helping any WOMAN fulfill her life's potential

Too many times victims of domestic violence and their children face insurmountable barriers after they leave their relationship because they do not have the support, financial resources, or skills needed to maintain independence. CSADV through Project ROOTS (Rural Outreach & Opportunities Towards Self-Sufficiency) provides transitional housing/living assistance for individuals and families when they have left their abusive relationship. The program provides case management and connects them with agencies that provide job training skills, parenting, etc. These programs are called NEW BEGINNINGS and STEPPING STONES they transition women and children from crisis to independence.

To continue with on going support, CSADV and Project ROOTS has partnered with

other organizations and faith communities to recruit and train mentors.

Woman to Woman is an adult mentoring program designed to connect women with other women who can help navigate life in areas such as family interaction, financial stability, career issues and challenges, accountability and life skills. Having a mentor can help eliminate the feeling of having to tackle life on ones own. It can lead to real change and growth in all these areas and more.

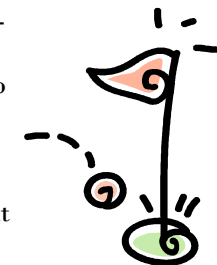


If you are interested in becoming a part of this new and exciting program please contact the program coordinator, Taressa Sanders at taressa@csadv.org or 712-277-0131. The essence of mentoring in Woman to Woman is the sustained human relationship: I move beyond past limitations and into the freedom of now and hope for the future

Golf Tournament Breaks Another Record

The 23rd Annual Terra Charity Golf Tournament had record earnings again this year. CSADV extends a big thank you to Terra industries and it's employees for all of their hard work. Terra is very supportive of local non-profits. It is also great working with Ronald McDonald House and Boys and Girls Home and Family Services again this year. With two full courses and all of the great

volunteers it was a wonderful day to be on the golf course. We look forward to working with all of you again next year. Again, CSADV thanks everyone who helped make this event so successful



Dates To Remember:

- August 14th, 5:00 PM—9:00 PM Margaritas, Manicures and Massages
- October is Domestic Violence Awareness Month. Watch for more information.
- Poinsettia mailers are going out in August. Watch for them and get your order in ASAP!! Certain colors go fast!

Wish List:

- Pillows
- Blankets, twin extra long
- Cold Medication (children & adult)
- Women's white socks
- Size 4, 5 & 6 Diapers
- Baby Bottles
- New Stuffed Animals
- Telephone Calling Cards
- Pantry Items: sugar, coffee, vegetable soups, spaghetti sauce
- Pepto Bismal, Ibuprofen
- Feminine hygiene products
- Shampoo, Conditioner
- Hair products (African-American)
- HyVee and Walmart gift cards for gas & food
- Deodorant
- Quart & Gallon-sized baggies





Help Boxes

Look for the help boxes throughout the community. The Waitt Institute is once again matching funds up to \$10,000 donated through the boxes. Your change can help provide change in our community. So throw in your loose change often.



Bible School Participants Fill a Canoe with Donations.

On Weds. June 11th 2 staff of CSADV spoke to a large group of bible school participants at St. John's Lutheran Church ELCA in LeMars. Theresa and Cathy explained CSADV services and the needs of those who receive services. Through out the week, students, (with the help of their parents), collected clothing, paper products and personal care items to donate to CSADV. The challenge for the children was to fill a canoe placed in the church. They certainly met their challenge. The children were excited to offer their gifts knowing they too can help make a difference in the lives of victims of abuse right in their own community. CSADV is grateful to all who help meet the needs of those we serve.

A Message from Margaret Sanders

From the annual report for fiscal year 07-08

Margaret Sanders, CSADV Executive Director

The past year has been extremely perplexing for CSADV and myself. Many different circumstances have occurred that has had significant impact on staff, volunteers and board members. The Federal Victims of Crime Act (VOCA) funds were severely cut, resulting in a 22% cut in direct service dollars to Iowa programs. Other funding sources are also in jeopardy. The lack of funding completely stymies attempts to not only enhance but to simply maintain services in this area. These cuts directly impact CSADV's ability to retain staff to respond to the needs of those we serve. Positions have not been filled from resignations. WE are doing more with less staff.

Health issues have also taken its toll on staff. Our Development Director, Brooke, continues to struggle with cancer and last spring had surgery to remove tumors on her brain. She is currently at home going through some rehabilitation and chemotherapy. Another staff person has just recently been diagnosed with cancer. Our thoughts and prayers are with both of these wonderful people for complete recoveries.

And in spite of the above obstacles, domestic violence and sexual assault continues to pervade and impact our community, our state, and our nation. CSADV continues to respond. One in three women in their lifetime will be impacted by violence. Studies show that 1 in 4 girls and 1 in 7 boys will be victimized by sexual assault before their 18th birthday. Violence hurts everyone. Violence knows few boundaries. Anyone can be a victim. Chances are it is happening to someone you know. We all know how true this is.

CSADV continues to request community support and assistance as we work toward a society where all women, children and men can live in peace, free from violence, fear and exploitation. Thank you staff, volunteers, and board members for all you do. You are appreciated.

What CSADV Means to me.....

Well first of all it's the place that has always made me feel safe. A place that makes me feel that it is possible to take care of my children with out all the drama and craziness of domestic violence. I feel as if my choices and decisions are valued. Being at the shelter gives me calm feelings of comfort, trust and the confidence to follow through with my desires to be happy. The CSADV lets me know that I am not alone. That there are people that care about my family's well being. Being here shows me the light at the end of the tunnel and gives me the courage and the strength to fight for what my family and I deserve. I feel free to be myself and create friendships that are ever lasting. Thank you from the depths of my soul.

CSADV lets me know that I am not alone

Written by CSADV client



CSADV BOARD LEADERSHIP ANNOUNCED

The Council on Sexual Assault and Domestic Violence announced its board leadership for fiscal year 2008-2009. Deb Smith, community volunteer, is the new board President; Virginia Peterson, community volunteer, Vice President; Harrison Fisher, community volunteer and Ellen Dickey, Professor, Briar Cliff, co-Treasurers; Laurie Mills, Community Volunteer, Secretary, Les Juon, Community Volunteer, Immediate Past-President.

New board members include: Margie Bennett, Community Volunteer, Skip Perley, CEO, TEC-CORP, and Dale Tigges, attorney at Vriezelaar, Tigges, Edgington, Bottaro, Boden and Ross. They will join current members Karen Droke, Sherry Flansburg, Lisa Franco, Oscar Gomez, Mike Graves, Jane Hedlund, Ted Massey, Dale McKinney, Nancy Muecke, Maggie Murphy, Heidi Reinking, Mary Weaver. Outgoing board members are: Renee Weinburg, Jon Winkel, Joe Twidwell, Mike Krysl and Dody Jonas.

The Council on Sexual Assault and Domestic Violence provides support, advocacy and a safe environment to empower adults and children who have experienced domestic violence or sexual assault. Through leadership and education, CSADV works collaboratively with the community to promote social change and to end violence. Anyone who needs help or wants to help should call 1-800-982-7233 available 24/7.

INTRODUCING.....THE 1200 CLUB

For several months the CSADV development/endowment committee has been working hard to build a more solid, predictable base of donors, support for the agency, and increase annual giving. Many contacts have been made and tours conducted, to tell people about victims and their needs. The 1200 Club is another way that has been developed to help support victims of sexual assault and domestic violence. A monthly gift of \$100 can mean a world of difference for a parent and their children!! Please join CSADV's 1200 Club and make a difference! For more information and a sign-up form, please contact Misty Howard at 277-0131 or misty@csadv.org or complete the form provided below.

\$100/month or \$1,200/year

Did you know that \$100/month can provide four nights/days of shelter for a mother and her child?

Or buy milk and bread for the victims' in shelter for two weeks?
Or provide one prevention education program in a Siouxland classroom?

Please join CSADV's 1200 Club and make a difference!

_____ Yes, I would be proud to be a charter member of the Council on Sexual Assault and Domestic Violence's 1200 Club. Please sign me up _____ until further notice, _____ for one year, _____ for two years, _____ for three years.

_____ Enclosed is my annual gift of \$1,200.

_____ Please take \$1,200/year out of my _____ account. I have attached a voided check with the relevant bank information.

_____ Please take \$100/month out of my _____ account. I have attached a voided check with the relevant bank information.

_____ Please send me an invoice for \$ _____, each _____ quarter or _____ month for my 1200 Club commitment.

_____ Please charge my credit card for \$ _____
(Circle Visa, Mastercard, American Express)

Account# _____
Exp. Date _____

Please print names as you would like to be recognized, or let us know if you prefer to remain anonymous.

Name(s): _____
Mailing address: _____

Email: _____
Signature: _____ Date: _____

