



Council on Sexual Assault & Domestic Violence Inc.
P.O. Box 1565
Sioux City, IA 51102

Crisis Line 258-7233
1-800-982-7233
LeMars (712)546-6764
www.safefromabuse.com



Want to go paperless?

CSADV would like to email the newsletter to you, please send your email address to:

stephanie@csadv.org

Our newsletter may also be found on our website:

www.safefromabuse.com

Want to donate?

The Council On Sexual Assault and Domestic Violence would like to take the time to thank everyone who donated items to our shelter during the past year. Your clothing, household items and personal care products have gone a long way in helping to support our agency and those we serve.

With the holiday's fast approaching, we would like to remind everyone that due to space issues, we are only accepting NEW items that can be given as Christmas gifts. New donations will be accepted starting November 13, 2011 through January 16, 2012. New items can include the following:

Clothing with tags (Women, toddler/baby, boys/girls, teenage girls/boys)

Toys for all ages of children

Gifts for teenagers (both boys & girls)

Movie/food/entertainment gift cards

Canned goods

Tape

Wrapping Paper

Tissue Paper

Gift bags

Gift boxes



Above: Rob Bixenman and son Sy pose for the camera at he 3rd Annual "Walk a Mile" at Mr. P's.

Photo courtesy of Rob Bixenman

Local men wear red high heels to support CSADV's 3rd Annual "Walk A Mile In Her Shoes"

Walk a Mile in Her Shoes was a huge success this year with about 20 men from "all walks of life" taking a stand against violence against women. CSADV joined with Mr. Ps in LeMars for the Hawks and Horns tailgate on Oct. 8th as a way to bring awareness to the issues of DV and SA and to raise funds for victim services. Nearly 1,800.00 was raised by donations, silent auction items, and the graciousness of the rib fest winner donating a portion of his winnings. According to Joe Sitzmann, owner of Mr. Ps this is a win-win situation. "It is important to bring awareness to these issues and men get to have a little fun doing those lovely red shoes while supporting the important work to end violence. "We are already planning on doing this again next year." CSADV thanks all those who attended, donated, and participated.

If you would like to become a volunteer at either our Sioux City or LeMars location, please call 258-7233

2011-2012 CSADV Board of Directors

- Dale C. Tigges—President
- Ellen Dickey—Immediate Past - President
- Bill Foulk—Vice President
- Laurie Mills—Secretary
- Joe Twidwell— Treasurer
- Taffy Benson
- Mark Bohner
- Steve Crary
- Joseph Frisbie
- Jeff Gebauer
- Joe Geisler
- Jane Hedlund
- Angelo James
- Lisa Kroger
- Mike Krysl
- Col. Brian Miller
- Virginia Peterson
- Heidi Reinking
- Jim Spencer
- Julie Stoik
- Joe Twidwell
- Mary Weaver
- Alaire Willits

Margaret Sanders, Executive Director

Highlight CSADV Programming

From now on, CSADV will highlight one of our many programming areas in our quarterly newsletter. For this publication we are focusing on one of the community collaborations we are involved with.

Each month the Council on Sexual Assault and Domestic Violence hosts the Tri-State Sexual Assault Coalition. The Tri-State Sexual Assault Coalition is a community based multi-disciplinary team of service providers, who, through collaboration and system education, promote social change that fosters a society responsive to victims/survivors, their families and our community, and ensures the integrity and quality of all systems involved in responding to sexual assault. Community agencies represented at the Coalition include Sexual Assault Nurse Examiners from Mercy and St Luke's, Sioux City and South Sioux City Police Departments, the Dakota and Woodbury County Sheriff's Departments, Briar Cliff College, the Dakota and Woodbury County Attorney's Offices, Planned Parenthood, the 185th Air Guard, and Siouxland District Health Department.

The purpose of this group is to evaluate and improve community response to sexual assault victims, and collaborate on prevention education. Members work together to enhance policies and procedures for responding, making sure that everyone knows what to expect from each other as we respond to individual assault victims. This group also works together to provide prevention education in the colleges, covering topics such as date rape, sexual harassment and sexting from all related aspects; from victim advocacy to medical and legal response.

We are lucky in Siouxland to have agencies that work together on common issues. If you have any questions about the Tri-State Coalition, or know of someone who should be included in the meeting, call us at 712-277-0131

Agency Wish List

- Bath & Hand Towels
- Canned Goods, Vegetables & Coffee
- Adult Tooth Brushes
- Hair Brushes
- Dixie Disposable Cups
- Children's Fever Reducer
- Cough & Cold Medicine
- Diapers (Sizes 4-6)
- Plastic Spoons & Forks
- Hy-Vee & Walmart Gift Cards
- Women & Boys Socks
- Twin Sheet sets
- Women's Hygiene Products
- Baby bottles & Bottle Brushes
- 1 & 2 gallon Ziplock Freezer bags
- Wrapping Paper & Tape

Upcoming Events

- **Tis the season to order your poinsettias! We will have a new option in addition to poinsettias this year! Order forms are available on our website or by calling 277-0131.**
- **Be apart of our "LIFESAVER" campaign. Donate a night/s of shelter for only \$15. See inside of newsletter for our progress so far!**
- CSADV is now on Facebook. Click "like" to become a supporter and stay connected with news and upcoming events!

For more info visit our **NEW** website:

www.safefromabuse.com

We appreciate your help with fundraisers! If you would like to help with our poinsettia fundraiser, please contact Stephanie 277-0131.

Want to make a difference?

Want to make a difference in your community but trying to figure out how? What about thinking of ways to get your employees, co-workers or civic group members out making a difference? CSADV is a **great** place to volunteer! We are looking for help both in the agency and for special events. We have many opportunities for volunteers who would like to come and help out in shelter. Since we are a crisis shelter and available 24/7, we can usually meet the needs of your schedule. Don't have a lot of time but still want to help? We are always looking for volunteers to help with our special events and fundraisers. Generally these don't require a huge time commitment and you will feel good knowing you helped victims of violence in OUR community! We welcome businesses or civic groups who are thinking about getting involved with local agencies to make a difference. If you, your business or civic group is interested in getting involved, call Stephanie (277-0131) to arrange for a time to come speak to you or your organization about the MANY opportunities at CSADV.

Every newsletter we will feature a volunteer job that we need help with at the agency. It is through the efforts of our volunteers that help ensure we are better able to serve victims of violence in Siouxland.

On Call Volunteer

Be able to respond to crisis in shelter, the hospital, etc., during the evening hours 5pm-5am (M-F) or on the weekends 5am-5pm/5pm-5am as it works with your schedule. Volunteer must have reliable transportation and be accountable for days which they sign up. Must be comfortable being in the medical/social service setting and working with different agencies (i.e.: police) in the community. Volunteer will work closely with staff until they are comfortable responding by themselves.

Our on call volunteers serve as first responders to victims of domestic violence and sexual assault. If you are interested in helping with our on call schedule, please contact our agency.

On November 4th, 2011 The Siouxland Coalition To End Homelessness helped co-sponsor the Siouxland Sleep out in Sioux City. The purpose of the Siouxland Sleep out is to help bring awareness about homelessness in the Siouxland area, as well as to raise funds for Henry Muller Hall, Siouxland Mental Health's Project Restore, Shesler Hall and other programs as funding allows.

Many people in the community helped this event by making donations to the event, donating baked goods for the sleep out and donating items for the silent auction. Perhaps one of the main highlights of the evening is that participants can decorate a box for the box decorating contest and sleeping out the night of the event.

Last year, Diane Jacobson, CSADV's Shelter Coordinator entered the contest and took the prize of best decorated box. This year was no exception. Diane worked very hard utilizing agency materials, statistics about women who were homeless due to domestic violence, information on our educational programs offered to Siouxland youth and information regarding our latest "Lifesaver" Campaign. Diane took the honor again this year of best decorated box. Thank you Diane for your hard work at raising awareness about one of the many issues victims of domestic violence face.

CSADV "Shelter" Wins Best Decorated at the "Siouxland Sleep out in Sioux City"



The lifesaver campaign is in full swing! Thank you to those who have contributed in helping with our campaign. If you would like to help be a lifesaver by donating a night/s of shelter for \$15 per night please fill out the form on the left, contact our agency 277-0131 or visit www.safefromabuse.com for more information.

Safety
Security
Support
Hope
Meals
A place to sleep
Advocacy & Counseling

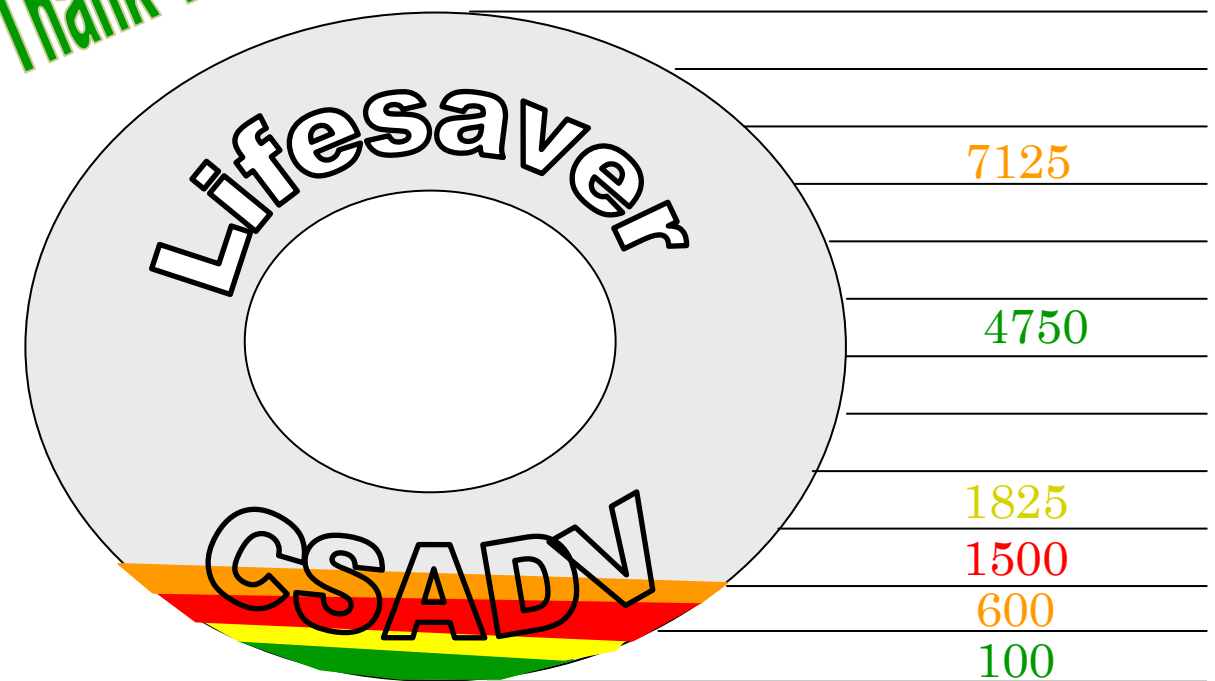


Last year CSADV provided:

- 9,537 Nights of Safe shelter. Despite high census some months, no one was turned away if they were in an unsafe situation.
- 296 Women Sheltered
- 361 Children Sheltered

Thank You Lifesavers!

Our goal by July 1, 2012: **9500**



Nights

I will be a lifesaver

Name(s): _____ Phone _____
 Address: _____ (Using credit card? Provide physical address)
 City: _____ State: _____ Zip: _____ Email: _____

Enclosed is my/our gift of... (Checks payable to CSADV)

- _____ \$1350.00 to sponsor a family of 3 for 30 nights in shelter
- _____ \$600.00 to sponsor a mother and child 20 nights in shelter
- _____ \$420.00 to sponsor a mother and child 14 nights in shelter
- _____ \$180.00 to sponsor one woman 12 nights in shelter
- _____ \$60.00 to sponsor a mother and one child for 2 nights in shelter

- _____ \$30.00 to sponsor a woman 2 nights in shelter
- _____ I/We pledge \$ _____ per month. Please send an invoice.
- _____ Donation of any amount is appreciated. Please charge my _____ MC _____ Visa _____ American Express

Card #: _____ Exp. Date: _____ 3 digit code on back of card: _____

Signature: _____

Please accept my gift in memory/honor of: _____

Send acknowledgement to the following address: _____

Mail to: CSADV, PO Box 1565, Sioux City, IA, 51102-1565 or Call 712-277-0131