



**Council on Sexual Assault  
and Domestic Violence Inc**

PO Box 1565  
Sioux City, IA 51102

Phone: 712-258-7233  
Fax: 712-258-8790  
1-800-982-7233  
LeMars: 712-546-6764

www.safefromabuse.com

**To receive via  
email send  
address to**

**Elaina@csadv.org**



This newsletter printed by  
Security National Bank

## Awesome Biker Raffle

CSADV SOLD THE WINNING TICKET  
LAST YEAR!!!

New this year — the winner of the raffle can choose a \$10,000 cash equivalent on a Visa card or a 2007 Harley Davidson. Here is the list of motorcycle options: Fatboy, Heritage Classic, Softail Custom, His & Hers 883 Sportsters.

Awesome Biker Nights is being held Friday and Saturday, June 15-16 on Historic Fourth Street in Sioux City. The drawing will be held Saturday night and you do not have to be present to win

If you are interested in purchasing a ticket call CSADV at 712-277-0131 and ask for Misty, to volunteer at Biker Nights call and ask for Elaina.

### Services:

24-hour crisis line, individual counseling, support groups, safe shelter, community education, medical and legal advocacy, court accompaniment, rural and multicultural outreach. All services are free of charge and remain completely confidential.

## 2006-2007 CSADV Board of Directors

Jon Winkel—President  
Mike Krysl—Immediate Past -President  
Les Juon—Vice President  
Sarah Kuehl Kleber—Secretary  
Harrison Fisher—Treasurer  
Karen Droke  
Sherry Flansburg  
Mike Graves  
Jane Hedlund  
Dody Jonas  
Ted Massey  
Dale McKinney  
Nancy Muecke  
Maggie Murphy  
Virginia Peterson  
Eldon Roth  
Deb Smith  
Joseph E. Tidwell  
Mary Weaver  
Renee Weinberg

Margaret Sanders, Executive Director

# CSADV

**Council on Sexual Assault and Domestic Violence Inc**

## Can you help —

Dear Friends—

I ask you to imagine someone fleeing their home in fear for their life.

Picture a young mother and her small children in our front crisis office; she holds her children close to her, one small bag of belongings sits on the floor next to them. She does her best to soothe her children's anxiety as she struggles valiantly to contain her own fear and uncertainty over what will become of them.

This is the beginning of a new life for the hundreds of women and children who have received thousands of nights of safe shelter with us in the past year. Many more have not yet taken that step, but will. Chances are you know someone who has come to us, or that you know someone who will. We must do everything we can to ensure that they have a safe place to come to.

The services that CSADV provides are simple: safety, food, shelter. Basic necessities and the reassurance that they are not alone. We respond immediately, twenty-four hours a day, whenever a crisis occurs.

We at CSADV are grateful that we have been able to provide these services, and know that our continued ability do so is not something that we can take for granted. Financial support from the community is vital, as we do not yet have stable funding at either the state or federal level. In fact, CSADV needs your help now as we face a budget deficit.

We have accomplished a great deal and are both proud and grateful for that. To continue our work, we urgently need your help. Please consider the women and children who have yet to come to our door. Think of the women in your life; sisters, daughters, neighbors and friends. How much would you give to keep them safe? Please consider this as you give this year to our *Nights Of Shelter* campaign located inside this newsletter.

Thank you in advance for your generosity,



Margaret Sanders  
Executive Director, CSADV



Margaret Sanders  
Executive Director, CSADV

### Consider These Sponsor Options

- \$1000.00 to sponsor a family of 3 for 30 nights in shelter
- \$500.00 to sponsor a mother and child 20 nights in shelter
- \$350.00 to sponsor a mother and child 14 nights in shelter
- \$150.00 to sponsor one woman 12 nights of shelter
- \$100.00 to sponsor one mother and child 6 nights of shelter
- \$50.00 to sponsor a mother and one child for 2 nights
- \$25.00 to sponsor a woman 2 nights in shelter
- Consider committing to a monthly gift.

## Volunteer Appreciation Week April 16-20

CSADV staff provided dinner and an evening on us to show our appreciation of all the time and hard work CSADV volunteers give to the agency. This past year, over 13,000 volunteer hours were provided by dedicated community members. Thank you to each and every volunteer who makes such a difference in the lives of those served by CSADV.

### Volunteer Opportunities

There are a variety of ways you can volunteer at CSADV. You can become a trained advocate and provide direct service to those in need, help with fundraisers like poinsettias, golf tournament and Awesome Biker Nights, provide child care during group counseling and one-on-one counseling, join the CSADV Auxiliary, answer the crisis line and help with special projects that arise throughout the year.

### Treasures In You

**There are treasures in life,  
but owners are few  
Of money and power  
to buy things brand new.**

**Yet you can be wealthy  
and feel regal too,  
If you will just look  
for the treasures in you.**

**These treasures in life  
are not hard to find  
When you look in your heart,  
your soul, and your mind.**

**For when you are willing  
to share what's within,  
Your fervent search  
for riches will end.**

**The joy and the laughter,  
the smile that you bring;  
The heart unafraid  
to love and to sing;**

**The hand always willing  
to help those in need;  
Ones quick to reach out,  
to labor and feed.**

**So thank you for sharing  
these great gifts inside;  
The caring, the cheering,  
the hug when one cried.**

**Thanks for the energy,  
encouragement too,  
And thank you for sharing  
the treasures in you.**

**Author Unknown**

## Sexual Assault Awareness Month is in Full Swing

The Council on Sexual Assault and Domestic Violence (CSADV) Sexual Assault Awareness Month events started with the reading of Proclamations declaring April Sexual Assault Awareness Month in Sioux City and North Sioux City, during the City Counsel meetings, and in LeMars, during the Plymouth County Board of Supervisors meeting.

Bottles of water were labeled with information about sexual assault and handed out at Morningside College, Western Iowa Technical Community College, and Briar Cliff University. Appreciation is extended to the Ho-Chunk Tribe of Winnebago, Heritage Express, Culligan-Maytag in LeMars, H2O4U, and Chesterman's in Sioux City for donating the water.

The "Business Community Gathering", held on April 5<sup>th</sup>, the National Day to End Sexual Violence, was well attended at the Terra Centre. The focus of this event was to inform businesses about how their financial and in-kind contributions benefit the victims of sexual violence and their significant

others, how sexual violence impacts businesses and the Siouxland community, how to assist employees who are affected by sexual violence, and how to become involved in preventing sexual violence.

The audience enjoyed pizza from Little Caesar's, and beverages of bottled water, donated from the previously mentioned businesses, as well as soda from Pepsi Cola of Siouxland in South Sioux City. Members of the Tri-State Sexual Assault Coalition presented information about the role of the Uniform Officer, Detective, Sexual Assault Nurse Examiner (SANE) and the Advocate within the Sexual Assault Response Team (SART). Members of this group also participated on a panel with CSADV staff members.

We extend a hardy thank you to all who worked hard to organize this event, to Mary Hill and Terra Centre employees for reserving and setting up the atrium, and those who took time out from their busy schedules to participate and attend.

For anyone who was unable to attend this event, please call CSADV at 712-277-0131 for a Business Action Kit and to schedule a presentation for your employees.



Panel members: Jackie Littlegeorge CSADV Native American Outreach; Cathy Van Maanen, CSADV Rural Outreach; Cathy DeLaCruz CSADV SILA Outreach; Karin Ward, RN Mercy Child Advocacy Center (SANE); Sgt. Rex Mueller, Sioux City Police Department; Patrick "PJ" Jennings, Woodbury County Attorney.

# She is Someone You Know

## Spring Nights of Shelter Appeal

Who needs the safety of a shelter?

Who needs the support of a trained advocate?

Who needs help in a violent situation?

Think of three women in your life, one of them will be a victim of violence in her lifetime. These victims are someone you know. *She* is someone you know—our mothers, daughters, co-workers and employees seek shelter every day at the Council on Sexual Assault and Domestic Violence (CSADV). You can help CSADV continue to provide much needed services to women and children in

shelter by contributing to the annual spring *Nights of Shelter* campaign.

*Nights of Shelter* is a campaign we conduct twice a year, once in the spring and once in the fall to help provide direct services. State and Federal grants are not stable and funding does not cover all costs. And these cost are never passed on to those we serve. Please consider sponsoring a week, a month, a year of shelter for a woman and her children.

Last year, CSADV provided over 6000 nights of shelter to 243 women and 218 children, the cost to CSADV is estimated to be \$12.50 for one woman to stay one night. Can you help a



woman with her 30-day stay by donating \$375? Can you help a woman and her child stay 6 nights for \$100? Consider what you can give on a monthly basis. Imagine the impact \$25 a month can make in the life of a woman and her children.

Please fill out the enclosed form and send it in the provided envelope and you can help *someone you know.*

### Save the Date:

- June 9—2nd Annual Charity Fun Run throughout Siouxland, all vehicles welcome. For more information contact Randy at 712-540-3413 or Steven at 712-546-6722
- June 11—Terra Charity Golf Tournament
- June 15 & 16—Awesome Biker Nights
- Saturdays in June will be training for Level 1 Domestic Violence Advocates

### Wish List:

- |                                    |               |
|------------------------------------|---------------|
| Diapers (size 4, 5 & 6)            | Cooking oil   |
| Frying pans/pots (stainless steel) | Women's socks |
| Women's underwear (size 6-8)       | Sugar         |
| Creamer/Coffee                     | Baking Soda   |
| Salt/Pepper                        | Comet         |
| Antibiotic creams                  | Dish Soap     |
| Roloids/Tums                       | Liquid Soap   |
| Gallon-size Ziplock baggies        | Kool Aid      |